

**PUSH** Physical Theatre  
[www.pushtheatre.org](http://www.pushtheatre.org)

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[ physical theatre ]

# PUSH Workshop Technical Requests

Technical Needs for K-12 Education Workshops

## Teaching Artist Needs:

1. Enough **space** for students to move freely and safely.
2. Access to **electrical outlets**.
3. One **CD player** to be used as a back-up.
4. A **chalk or dry-erase** board.
5. A **warm, quiet room** and floor.
6. Learning new movement for the first time can be intimidating when people are watching. **No observers**, all students in the room must participate.
7. Teaching artist will have bare feet. **Floor** must be swept, vacuumed or mopped and free of debris.
8. Teaching artist should be notified of any **physical, emotional or learning challenges** for any students.

## Student/Teacher Preparation:

1. Students should wear **adhesive nametags** with student names written clearly in block letters.
2. Students should wear **comfortable clothes** such as workout or gym clothes. Clothing should cover the body appropriately when students are bending or upside down.
3. Depending on the floor surface students may wear socks or bare feet.
4. High School students may find a **pen and paper** useful for note taking.
5. Maximum **number of students** – 25. Special arrangements can be made to accommodate larger groups with advance notice.
6. Teachers should use the **‘PUSH Study Guide’** to prepare students for the visit. Prior to the workshop teachers should help students to feel settled and calm.